



August/September 2006 Update

August 24, 2006

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Dear Friend of Discovering What's Next,

I hope all of you have discovered how summer is a great time to recharge your batteries. Over the summer, DWN has recharged its batteries in several ways.

- You probably know by now that we have launched a new web site, www.discoveringwhatsnext.com. This has been a true team effort and like all good web sites - a work in progress. Please visit this site often for a current listing of calendar items. Of course, we hope you will send this link to your friends and colleagues so they can get involved as well.
- We have added to our [Board of Directors](#) with some amazing people: Doug McCraith, Jim Thompson, Devra Simon, Corinne Schillin, and Doug Dickson.
- Scott Schillin who had served as the DWN Treasurer has recharged his batteries, and although no longer serving on the Board, will continue to work with DWN in other ways.
- Thanks to the good work of Transition Navigator Bruce Davis, DWN was profiled in Mayor Cohen's [August electronic newsletter](#).

We have many offerings this fall that we hope will be of interest to you. Read on!

Looking forward to hearing from you soon,

Carol Greenfield

• Film & Discussion Club

Little Miss Sunshine

Monday, August 28th,
6:15 pm
West Newton Cinema

New Venue, Newly Released Film - "Little Miss Sunshine"

Save the Date - Monday, August 28th, 6:15 pm at the West Newton Cinema, 1296 Washington Street in West Newton. The newly released movie is "**Little Miss Sunshine**," said to be the best comedy of the year. For this date, we'll attend the regular West Newton Cinema showing (\$9.00 for adults, \$6.50 for seniors - 65) and then get together in the Cinema's gallery on the 2nd level for a scintillating discussion. (The film

is 1 hour, 42 minutes. The discussion will follow immediately after the 6:30 showing.)

"Little Miss Sunshine" is filled with intergenerational family craziness. Greg Kinnear plays Richard Hoover, a ludicrous motivational speaker with a seven year old daughter, Olive (played by Abigail Breslin), who aspires to win the Little Miss Sunshine contest. Alan Arkin plays Granddad. The film includes the requisite road trip in a VW bus, from New Mexico to California.

To reserve a seat for the discussion following the film, please RSVP to [Shuli Rockoff](#) or [Pete Reider](#) for the Discovering What's Next film club.

• Transition Talks

**Wednesday,
September 6th -
2:30-4:00 pm &
Tuesday,
September 26th - 7-
8:30 pm**

Newton Free Library -
Meeting Room A

Transition Talks Resume in September

Transition Talks continue to be one of our most popular programs thanks to the leadership of facilitators Shirley Selhub, Michael Kaufman, George and Cissie Klavens, and, of course, the many wonderful community members that participate. If you haven't already had the "TT" experience, make sure to mark your calendars and attend one or more of these monthly free small group get-togethers.

For more information or to confirm your attendance, email [Discovering What's Next](#).

• Visits to the DWN HUB

**Resource and
Connection Center,
3rd Floor, Newton
Free Library**

New Hours for DWN HUB and Transition Navigators

Stop by the DWN HUB when you're in the library. It's located on the 3rd floor behind the AV department. Here you will have access to a wealth of print and online resources on a wide range of topics of interest at this life stage. Or call and make an appointment to talk with one of DWN's volunteer Transition Navigators. They are terrific listeners and can make sure you start off in the right direction for wherever your explorations might take you.

In September, the DWN HUB will be staffed Tuesday, Wednesday, and Thursday from noon to 4 pm as well as on Wednesday 6-8 pm and Sunday from 1-3 pm. To schedule an appointment, call 617-796-1419 or email [Transition Navigators](#).

• Fall 2006 Workshops

**Two Fall 2006
Workshops with
Newton
Community
Education**

GOALS AND VALUES-BASED INVESTING IN THE THIRD AGE

Amy Lambert, Instructor

Learn a conscious, disciplined process for integrating your



relatively new approach derived from the principles of behavioral finance—the study of how and why investors act the way they do. The approach is designed to help you reach your goals, not to develop a strategy to beat the market. We will concentrate on how you would like to live your life, and match your goals to investment strategies that promise personal fulfillment, security, and integrity. We will use a goal-setting exercise to help you set goals in four categories. Once set, you can prioritize and evaluate the trade-offs, and link each to an appropriate investment strategy. Personal financial information will not be shared in this class.

Course ID:X0022-02 - \$54; \$81/Couple. 3 Tuesdays@ Newton North High School 7 - 8:30 pm. October 17, 24 & 31

More details can be found at [Newton Community Education](#) and selecting **Special Programs** as a category from the course catalog. Or call 617-559-6999.

REINVENTING RETIREMENT

Roberta Taylor, Instructor
Based on the book *Too Young to Retire* by Marika and Howard Stone, this course will encourage you to view retirement as time for a fresh start. Find a renewed sense of purpose and meaning, learn to make the most of your time and energy, and reinvigorate your days. If you consider what is really important, and plan accordingly, your post mid-life years can be the most rewarding time of life. Come and begin to make the next chapter of your life the best one yet.

Course ID:X0022-01 - \$90; \$135/Couple. 6 Thursdays @ Newton North High School 7 - 8:30 pm. Begins October 19 (No class November 23)

More details can be found at [Newton Community Education](#) and selecting **Special Programs** as a category from the course catalog. Or call 617-559-6999.

• Service Opportunities

SOAR's Non-profit Management Consulting Group & Mentors at The Second Step

Community Service Opportunities of Interest

Introducing SOAR's Non-profit Management Consulting Group This is an exciting opportunity to use your skills in a challenging way to assist local non-profits and to choose projects that interest you. Carol Fain Walters, a non-profit management consultant, will train a second “team” of volunteers. The curriculum includes: Consulting Skills, Teamwork and Team Leadership, Strategic Planning, and Board Governance. She will also be available to the Group as assigned “teams” take on projects. If you are interested, please call Jan Latorre-Stiller at 617-969-5906 x120 or email [Jan](#) and attach your resume. SOAR also has many other community service opportunities including tutoring English or math for children and adults as well as mentoring a survivor

of domestic violence.

Mentors needed at The Second Step in Newton

The Second Step, a transitional support program for survivors of domestic violence, is seeking female volunteers for a nine month commitment to serve as mentors for women in Newton. A 25 hour comprehensive training program and ongoing monthly supervision will be provided. For more information email [Carole Thompson](mailto:Carole.Thompson)

• Get Involved

Check out the DWN web site for ways to get involved

We hope you will Get Involved

The best way to get the most of a Discovering What's Next experience is to get involved in different ways. To help you find a way, please explore DWN's new web site, www.discoveringwhatsnext.com and in particular, the section on **Get Involved**. Let's hear from you!

• Appreciative Inquiry

Appreciative Inquiry

If DWN calls...

If DWN Calls...

This summer a team of DWN volunteers have embarked on an Appreciative Inquiry project. If someone from DWN calls and asks for your opinion about Discovering What's Next, we hope you will offer your suggestions and comments. Thanks in advance.

Discovering What's Next

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<http://www.discoveringwhatsnext.com>

Discovering What's Next: ReVitalizing Retirement (DWN) is a community collaboration engaging mid-life and older adults in creative exploration of their next life stage. DWN provides connection and direction and opportunities for learning and community involvement.