

NEWTON, WATERTOWN

"What's Next": A Watertown summit on retirement alternatives

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By Cindy Cantrell, Globe Correspondent

Television journalist and documentary filmmaker Liz Walker will be the keynote speaker at the Newton-based Discovering What's Next Encore Summit, taking place from 8:15 a.m. to noon Friday at the Arsenal Center for the Arts, 321 Arsenal St. in Watertown.

The summit, titled "Discover What's Next After 50," is designed to transform the way people view their midlife and beyond. Rather than embracing retirement as a time of leisure, seniors are increasingly choosing to use their skills for paid work that offers meaning and social impact in an "encore" career.

In her address, Walker will reflect on her own transition to giving back.

Boston resident Phyllis Segal, vice president of a baby-boomer think tank, Civic Ventures, will discuss how seeking new ways to connect and contribute can benefit future generations.

Video remarks from University of Pennsylvania psychologist Martin Seligman will present research supporting community engagement as key to health, well-being, and longevity. Newton resident Carol Greenfield, founder of Discovering What's Next, said the summit will provide information, inspiration, and connection to others who can help participants identify meaningful job opportunities.

"It is an opportunity to figure out where you are on this journey, learn about available resources to find encore work, and be part of the launch of a local encore movement," she said.

The summit's fee is \$50; to register or for more information, call Discovering What's Next at 617-467-5438 or visit www.discoveringwhatsnext.com.