

## **"The Possibilities of Place: Housing Options for the Next Stage of Life"**

DWN's housing options study group will be meeting for further discussion about the issues and ideas suggested in this Forum. If you would like to participate in a follow-up discussion group to consider different aspects of housing, please complete this form and return it to a DWN Transition Navigator at the Forum, or by mail to:

DWN HUB, c/o Newton Free Library, 330 Homer St., Newton Centre, MA 02459

PLEASE PRINT

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ ZIP \_\_\_\_\_

Phone Number

Email Address

Please cite one or two questions or concerns that you have about Housing Options?

Are there specific questions or concerns that you would like future Forums to explore?  
Please list below.

Thank You.

## "The Possibilities of Place: Housing Options for the Next Stage of Life"

### Reference Books

**America's Top-Rated Cities : A Statistical Handbook.** Boca Raton, FL : Universal Reference Publications [1992-] **R 917.3 AMERICA'S 2004 Vol. 1-4**

A concise, statistical analysis of top ranked cities in America with populations of 100,000 or more. Vol. I: Southern Region -- Vol. II: Western Region -- Vol. III: Central Region -- Vol. IV: Eastern region.

**America's Top-Rated Smaller Cities : A Statistical Handbook.** Boca Raton, FL : Universal Reference Publications, 2004. **R 917.3 AMERICA'S 2004/2005**

Selected cities arranged alphabetically by state give standard and specific statistics, such as on demographics, taxes, state tax burdens, building permits, homeownership and housing vacancies.

**Cities Ranked & Rated : More Than 400 Metropolitan Areas Evaluated in the U.S. and Canada.** Hoboken, NJ : Wiley, 2004. **R 917.3 CITIES 2004**

Cities compared and contrasted in ten categories: cost of living, climate, health & healthcare, arts & culture, quality of life, economy & jobs, crime, transportation, education, leisure. Useful at any age.

**Continuing Care Retirement Communities: A Consumer's Directory** / Commonwealth of Massachusetts, Executive Office of Elder Affairs. 8th edition. Boston, Mass. : Executive Office of Elder Affairs. **R 362.61 P21C 2000**

CCRCs offer a variety of housing options and care levels on one campus: townhouses, cottages, apartments, from totally independent living to some personal care assistance, to more comprehensive nursing home type care. A valuable introduction reviews issues to consider and questions to ask when selecting a CCRC, and the directory provides fee structures and services.

**How to Obtain Housing Assistance in Massachusetts : A Handbook of Housing Resources.**

[Boston, Mass.] : Commonwealth of Massachusetts. Executive Office of Communities and Development, 2004. **R 363.58 MASSACHUSETTS 2004**

Whether you are looking for public housing or home ownership, consult this directory by the Massachusetts Department of Housing and Community Development.

**Older Americans Information Directory.** Detroit, MI : Gale Research, Inc. [1994-] **R 362.6 OLDER 2005**

State-by-state listings of assisted living facilities, independent living centers, associations, organizations, government programs, newsletters, travel discounts and much more.

**Real Estate Reference: a HUB Resource Binder.** Prepared by Corinne Schillin for Discovering What's Next: ReVitalizing Retirement. Newton, Mass. : Discovering What's Next, [n.d.] **HUB REAL ESTATE REFERENCE NOTEBOOK**

Contents: 1. Buying a Home -- 2. Selling a Home -- 3. Building a Home -- 4. Remodeling a Home -- 5. Rental Property -- 6. Community Living -- 7. Relocation/Moving -- 8. Home Financing -- 9. Financial Considerations -- 10. Glossary

**Retirement Places Rated : What You Need to Know to Plan the Retirement You Deserve.**

By David Savageau. 6th Edition. Hoboken, NJ : Wiley Publishing, Inc., 2004 **R 917.3 SAVAGEAU 2004**

Create your own checklist and profile, then consult facts, figures and advice in several categories: ambience, cost of living, climate, personal safety, services, the economy. Contact information plus web sites by states for divisions of tourism ("Vacations can lead to migration"), revenue, state climatologists, aging commissions, 203 retirement places, cities, towns and unincorporated areas

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### Circulating Books

Bland, Warren R. **Retire in Style: 60 Outstanding Places across the USA and Canada.** Chester, NJ : Next Decade, 2005. **646.79 BLAND 2005**

Cason, Ann. **Circles of Care: How to Set Up Quality Home Care for Our Elders.** Boston : Shambhala, 2001. **362.6 CASON 2001**

Durrett, Charles. **Senior Cohousing: A Community Approach to Independent Living - The Handbook.** Berkeley, Calif. : Habitat Press, 2005. **on order**

Eisenberg, Lee. **The Number : A Completely Different Way to Think about the Rest of Your Life.** New York : Free Press, 2006 **332.024 EISENBERG 2006**

Goodwin, Cathy. **Making the Big Move: How to Transform Relocation into a Creative Life Transition.** Oakland, CA : New Harbinger, 1999. **648.9 G63M 1999**

Gore, Wilma Willis. **Just Pencil Me in : Your Guide to Moving & Getting Settle after 60.** Sanger, Calif. : Quill Driver Books, 2002. **648.9 GORE 2002**

Griffith, Arthur and Mary Griffith. **50 Fabulous Places to Retire in America.** Franklin Lakes, N.J. : Career Press, 2006. **on order**

Josefowitz, Natasha. **Retirement : Wise and Witty Advice for Making It the Next Great Adventure.** Boulder, Colo. : Blue Mountain Press, 2005. **649.79 JOSEFOWITZ 2005**

Lacount, Lisa. **1001 Active Adult Communities : Find the Active Lifestyle Community Where You Can Socialize with Friends, Enjoy the Outdoors, Play Golf or Swim, Just Relax.** **on order**

Malayter, Maria K. **Boomers : Visions of the New Retirement.** New York : iUniverse, 2004. **646.79 MALAYTER 2004**

Meltzer, Graham. **Sustainable Community: Learning from the Cohousing Model.** **on order**

Morse, Sarah. **Moving Mom and Dad!** 2nd Edition. Berkeley, CA : Lanier Publishing International, Ltd., 1998. **362.61 M83M 1998**

Pynoos, Jon and Christy M. Nishita. "The Changing Face of Senior Housing," in **The New Politics of Old Age Policy**, edited by Robert B. Hudson. Baltimore, Md. : Johns Hopkins University Press, 2005. **362.6 NEW 2005**

Rey, Toni. **Still Working after All These Years : Why Retire? Working through Your Sixties and Beyond.** Coral Springs, FL : Llumina Press, 2004. **646.79 REY 2004** ; also **HUB 646.79 REY**

Rhodes, Linda M. C. **Caregiving As Your Parents Age.** New York : New American Library, 2005. **362.6 RHODES 2005**

Richards, Marty, ed. **Eldercare : The Best Resources to Help You Help Your Aging Relatives.** Seattle, Wash. : Resource Pathways, Inc., 1999. **362.6 E37R 1999**

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Roman, Beverly and John Howells. **Insiders' Guide to Relocation : Expert Advice to Move Across the State, the Country, or the World.** 2nd Edition. Guilford, CT : Insiders Guides/Globe Pequot Press, [1996-] **648.9 RELOCATION 2004**

Rothman, Rodney. **Early Bird.** New York : Simon & Schuster, 2005. **306.38 ROTHMAN 2005**

ScottHanson, Chris. **The Cohousing Handbook : Building a Place for Community.** Gabriola Island, BC : New Society Publishers, 2005. **on order**

Stuart, Lettice. **Making the Move: A Practical Guide to Senior Residential Communities.** New York : Avon Books, 1997. **362.61 S93M 1997**

Taira, Ellen D. and Jodi L. Carlson, eds. **Aging in Place: Designing, Adapting, and Enhancing the Home Environment.** Hawthorn Press, Inc. **on order**

Urbanska, Wanda. **Moving to a Small Town: A Guidebook for Moving from Urban to Rural America.** New York : Simon & Schuster, 1996. **307.762 U72M 1996**

Vierck, Elizabeth and Kris Hodges. **Aging: Lifestyles, Work and Money.** Westport, Conn. : Greenwood Press, 2005. **305.26 VIERCK 2005 (New Books)**

Williams, Gene B. **The Baby Boomer's Guide to Caring for Your Aging Parent.** Lanham : Taylor Trade Pub., 2005. **306.874 WILLIAMS 2005.**

### Retirement Communities -- Fiction

Auster, Paul. **The Brooklyn Follies.** New York : Henry Holt, 2006. **FIC**

Cohen, Paula M. **Jane Austen in Boca.** New York : St. Martin's Press, 2002. **FIC & VH FIC**

Dillman, Bradford. **Kissing Kate.** McKinleyville, Calif. : Fithian Press, 2005. **FIC**

Elkin, Stanley. **Mrs. Ted Bliss.** Chicago : Dalkey Archive Press, 2002. **FIC**

Ledbetter, Suzann. **South of Sanity.** Don Mills, Ont. : MIRA Books, 2001. **ROMANCE PB**

Michener, James. **Recessional.** New York : Random House, 1994. **FIC**

Wilder, Effie. **Older but Wilder.** Atlanta : Peachtree, 1998. **FIC**

Wilson, F. Paul. **Gateways : A Repairman Jack novel.** New York : Tom Doherty, 2003. **FIC**

### Audio-Visual

**As Time Goes By** [videodiscs] [England: BBC Video : BBC Worldwide Americas : Distributed by Warner Home Video, 2005 . Seasons 1-7. **791.45 AS**

Judi Dench and Geoffrey Palmer portray Korean War lovers, reunited by chance after forty years  
Housing arrangements become part of the storyline in this romantic comedy.

**Boomers! Redefining Life After Fifty.** Produced by Mark and Nancy Fernandez Mills. WGBH Channel 44

**<http://www.boomerstv.com/episodes.php>**

"Boomer couple Nancy and Mark Mills, seasoned broadcast journalists, introduce viewers to Boomers moving into an exciting new phase of life and sharing their compelling stories."

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**Growing Old**, a local documentary film on aging well, premiered for the benefit of HEARTH on January 7, 2006 at the Arsenal Center for the Arts, Watertown, MA.

Trailers and biographies of director, producers, editors and film crew at:  
<http://www.growingold.info/bios.php>

**Sunset Story** [videorecording] DVD, a funny and intimate documentary that will make you think differently about growing old. **305.26 SUNSELT**

### Articles

"BC Center Lands \$3 M to Study Aging Workforce." *Boston Business Journal* (September 7, 2005)  
<http://boston.bizjournals.com/boston/stories/2005/09/05/daily23.html>

Brown, Ben. "Communes for Grownups : Looking for the ideal place to retire? Create it yourself."  
*AARP Bulletin* (November 2004)

James, Jaqueline. "Retirement Boomers" *Boston Globe* Op-Ed, page A-19 (December 28, 2005)  
"Jacquelyn James is the director of research at the Center for Work & Family at Boston College. She and Paul Wink, a professor of Psychology at Wellesley College, are co-editors of the forthcoming **The Crown of Life: The Dynamics of the Early Post Retirement Period.**"

Shapiro, Joseph P. "Growing Old in a Good Home: Innovative Ways for Seniors to Get Care without Going to a Nursing Home." *USNews & World Report*.  
Cover title: "A Better Way to Grow Old: Alternatives to Nursing Home Care." 130.20 (May 21, 2001)  
p.56 +

Swidey, Neil. "Village People" *Boston Globe* Magazine, page 18 (October 30, 2005)  
Headline continues: "WITH 2 MILLION MASSACHUSETTS BABY BOOMERS SET TO TURN 55 BETWEEN NOW AND 2020, SPRAWLING RETIREMENT COMPLEXES ARE CROPPING ALL OVER. SPEND TIME INSIDE ONE OF THESE PLACES AND YOU'LL SEE LAUGHTER AND TEARS, ROMANCE AND CLIQUES - AND COMPLAINTS ABOUT THE CHOCOLATE"

### Government & University Websites

**Boston College. Carroll School of Management. Center for Work & Family.**  
<http://www.bc.edu/centers/cwf/>

**City of Newton. Housing Development.**  
<http://www.ci.newton.ma.us/housingdevelopment/about.htm>

"Affordable housing opportunities make it possible for seniors without substantial assets to remain in a community where they have spent their lives..."

**Commonwealth of Massachusetts. Executive Office of Elder Affairs. Housing.**  
[www.mass.gov](http://www.mass.gov)

Path: State Government >Executive>Governor & Executive Departments>Elders>Housing

**Cornell University School of Law. Legal Information Institute.**  
<http://www.law.cornell.edu/world/>

"World legal materials, country by country, continent by continent...around the globe..."

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### **United States. Department of Health & Human Services. Administration on Aging.**

<http://www.aoa.gov/eldfam/Housing/Housing.asp>

"There really is no place like home. When asked about their preference for housing, most seniors answer, 'What I would really like to do is to stay right here.' The person's own home represents security and independence to most Americans."

### **United States. Department of Housing & Urban Development (HUD).**

<http://www.hud.gov/offices/fheo/seniors/index.cfm>

"Senior Housing - What You Should Know..."

### **United States. Department of the Treasury. Internal Revenue Service.**

<http://www.irs.gov/formspubs/index.html>

Publication 521 : "Moving Expenses"

Publication 523 : "Selling Your Home"

### **White House Conference on Aging (WHCoA)**

<http://www.whcoa.gov/>

Conference Title (2005): "The Booming Dynamics of Aging : From Awareness to Action"

Reports, e-mail contacts, and WHCoA Interviews available in audio online.

Andrea Cohen of House Works was selected one of the At-Large Delegates which represented "a wide health professionals, baby boomers, business and industry, disability, non-profit and veterans from all over the country."

Listen **Market Place WHCoA story** on **National Public Radio, December 12, 2005.**

<http://marketplace.publicradio.org/shows/2005/12/12/am.html>

## **Associations, Organizations & Commercial Web Sites & Directories**

### **411.com**

<http://www.411.com/>

Search white or yellow pages for the U.S. and Canada. Search by phone number or address, and look up zip codes or area codes.

### **Boomers! Redefining Life after Fifty!**

<http://www.boomerstv.com/>

### **Cohousing Association of the United States**

<http://www.cohousing.org/>

Cohousing communities balance the traditional advantages of home ownership with the benefits of shared common facilities and ongoing connections with your neighbors. These [cooperative neighborhoods](#), both intergenerational and for elders, are among the most promising solutions to many of today's most challenging social and environmental concerns

### **Eldercare Locator**

1-800-677-1116

<http://www.eldercare.gov/Eldercare/Public/Home.asp>

### **Generations United**

<http://www.gu.org/>

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Generations United (GU) is the national membership organization focused solely on improving the lives of children, youth, and older people through intergenerational strategies, programs, and public policies. GU represents more than 100 national, state, and local organizations and individuals representing more than 70 million Americans.

### **Glossary of Senior Housing Terms**

**<http://www.senioroutlook.com/glossary.asp>**

56 commonly used terms are defined relating to different types of senior housing and care.

### **HEARTH : Helping Elders at Risk through Homes**

**<http://www.ceeh.org/about/>**

U. S. Department of Health & Human Services.

Aging: <http://www.hhs.gov/aging/index.shtml>

Administration on Aging: <http://www.aoa.gov/>

### **HouseWorks**

**<http://www.house-works.com/homepage/index.htm>**

"Andrea Cohen is the co-founder and CEO of Massachusetts-based HouseWorks-- an organization that creates ways to help seniors live independently, no matter how challenging the circumstances. Ms. Cohen has been at the forefront of eldercare business development for over 20 years, transforming the way private-pay services are marketed and delivered to seniors and their adult children. The HouseWorks mission is to exceed patient and family expectations by providing the most responsive and reliable home care services available."

### **Intentional Communities**

**Yahoo! Directory > Society and Culture > Cultures and Groups > Intentional Communities**

### **MassHousing**

**[www.masshousing.com](http://www.masshousing.com)**

"MassHousing is an independent agency dedicated to creating and preserving affordable housing opportunities across Massachusetts for buyers and renters. MassHousing is the state's affordable housing bank. We lend money at rates below the conventional market to support rental and home ownership opportunities for low-and moderate-income residents of the Commonwealth."

### **National Family Caregivers Association**

**<http://www.thefamilycaregiver.org/>**

NFCA research and reports, statistics, and caregiver stories. In March, 2005, NFCA appointed HouseWorks CEO and Co-Founder Andrea Cohen to serve on its Board.

### **Newton Non-profit Community Housing Organizations**

**<http://www.newtoncitizens.com/housing.shtml>**

Links to: CAN-DO: Citizens for Affordable Housing in Newton; Jewish Community Housing for the Elderly; Newton Community Development Foundation, Inc. (NCDF); Newton Housing Authority; Newton Wellesley Weston Committee for Community Living, Inc.

### **NORCs (Naturally Occurring Retirement Communities) – Boston area**

**[http://www.cjp.org/content\\_display.html?ArticleID=139252](http://www.cjp.org/content_display.html?ArticleID=139252)**

The program recently received \$696,000 in Federal funding through the efforts of the Jewish Community Relations Council of Greater Boston (JCRC), working closely with Congressman Barney Frank and Senator Edward Kennedy. JCRC's Brad Kramer explains that, since the first NORC was

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developed in New York, "the idea of helping seniors live in dignity at home has caught on." Kramer also credits Congressmen Ed Markey and John Tierney as well as Sen. John Kerry for helping to secure the funding.

### **RetirementCommunity.com**

Use this site as a national index of retirement communities, active living retirement communities, assisted living retirement, and nursing homes though out the United States.

### **Retirement Living Information Center : The Gateway to Resources for Senior Living** **<http://www.retirementliving.com>**

Community listings, best places to retire, taxes by state and more

### **SeniorOutlook.com : A Guide to Senior Housing**

<http://www.senioroutlook.com/>

Updated daily, here search for senior housing facilities of your choice by city, metro area or state, and within adjustable mileage distance of an address of your choosing.

## **Blogs & Online Chat**

### **Boomer Blog**

**<http://www.boomerstv.com/blog/>**

<http://www.gu.org/>

### **Generations United**

**<http://www.gu.org/>**

Newton Free Library Reference Department

Prepared by CB, February 2006

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