



## Spring 2007 Newsletter

April 2007

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Dear Friend of Discovering What's Next™,

I recently learned that in the first quarter of 2007, DWN added an additional 150 people to our mailing list! Clearly, awareness of and interest in DWN is growing. I couldn't be more thrilled.

Now I'd like to invite each of you, both new and continuing members, to get involved. Please share your wealth of experience and talents with us. There are many ways to do this. For starters, check out our [website](#), attend a program, or make an appointment with a Transition Navigator for a nice warm one-on-one introduction. I should say, we have an immediate need for help with our fundraising and communications; any writers or graphic designers out there? And we're always looking for people to help with program planning and technology support. But tell us how YOU would like to contribute. We may need help in areas we didn't even know we needed help - until you raised your hand.

Always feel free to [contact me](#) directly, or call me at the DWN Hub (617-796-1419).

DWN happens because of the wonderful efforts of people like you. It's a great opportunity to work either individually or on a team of fellow "Nexters" for an organization that's about you, celebrating all you can be and do at this life stage.

Looking forward to hearing from you,

Carol Greenfield, President and Founder

## Legacy Workshops

### Legacy Beyond the Forum - Four Workshops in May

May 3, 15, 17 & 22,  
2007

As a follow-up to DWN's Legacy Forums, we are thrilled to present four different hands-on 2-hour workshops in May to help you take the next step toward creating a legacy in several distinct ways. We hope you will take advantage of one or more of these offerings.

**Legacy for Life: Creating One of Your Own** - In this workshop, Cyndi Jones will guide you towards how you can personally "make a difference." It will help to clarify your

values and begin to envision a plan to impact your family, community or society in an intentional, enduring way.

**Thursday, May 3, 2007; 7 - 9 pm; Panera Bread, Needham, MA. Suggested donation \$25.**

**For Greater Involvement in Your Giving, Try a Giving Circle** - Giving Circles represent a group of donors who place some of their charitable dollars into a pooled fund, and decide as a group which charities to support. It is a growing trend in philanthropy. Kate Guedj of The Boston Foundation, will teach us what it is all about and how to get one started.

**Tuesday, May 15, 2007; 7-9 pm; 1501 Beacon Street in Brookline. Suggested donation \$25.**

**Planning for Legacy: Grandchildren Do's and Don'ts** - In this workshop, Jim Thompson will cover the pros and cons of leaving a legacy to grandchildren or other young loved ones. It will help you achieve greater clarity about both the financial and emotional implications. **Thursday, May 17, 2007; 7-9 pm; The Village Bank in Auburndale. Suggested donation \$25.**

**It's a Wonderful Life: Recording Life Stories on Video** - In this workshop, Geoff Birmingham will help you begin the process of recording life stories and legacies on video. You will learn how to improve the quality of the interviews through video and audio techniques. **Tuesday, May 22, 2007; 7-9 pm; 1501 Beacon Street in Brookline. Suggested donation \$25.**

For a complete description of these workshops and to register, [print out the legacy workshop flyer from the DWN website](#). These workshops are co-sponsored by **The Village Bank and Community Newspapers**.

## Upcoming Programs

Check the [Calendar](#) on the DWN website

**Where Next" Travel Club:** Monday, May 7th , 7:00 pm at the DWN HUB. The May 7th session will be for networking and discovering how the Travel Club can best meet your travel needs. Help make it the best it can be for you! For further info, contact Janet Wynn at 617-734-6235 or Esther Stacy at 508-655-7001.

**Transition Talks :** The next afternoon Transition Talk will be on Monday, May 14th, 2:30 - 4:00 pm. The evening Transition Talk will meet on Tuesday, May 22nd, 7:00 - 8:30 pm. Both groups meet in Meeting Room A at the Newton Free Library.

**What's Next Meeting-Up :** Tuesday, May 22nd, 1:00 - 3:00 pm at the DWN Hub. Topic: **The Three E's To Finding A Job After 55**, presented by Carole Noveck, DWN Transition Navigator.

**Program planning** - If you are interested in being on a program team to help plan future DWN forums, please contact [Shirley Selhub](#)

## Got Art?

### Visit DWN's Mini-gallery at the HUB

#### Calling all DWN artists

When you visit the DWN HUB on the third floor of the library, be sure to take a look at our mini-gallery. Tappy Kimpel of the New Art Center has been coordinating a rotating exhibit for your viewing enjoyment which features works by area artists in the Discovering What's Next™ years.

April features watercolors from Out West by **Chuck Plaisted**, an architect and 30 year Newton resident.

Beginning May 1st, you will see representational work in oil by **Diane Denk**, a Waban resident and recently retired administrator at Lasell College.

If you would like your art work considered for display, please [contact Tappy](#).

## Of Interest

### Bedside Advocates: Retooling Your Profession for Community Service

Many of you may have read recently about Dr. Jonathan Fine, a retired physician, who has launched a new nonprofit called **Bedside Advocates**. Its mission is to provide volunteer advocates (retired doctors, nurses, physician's assistants and trained lay people) for patients and their families to help them navigate the healthcare setting. Anyone who has recently been in a hospital can relate to the need for such a "patient navigator." Fine has already received some support from the state legislature and is piloting the program in Massachusetts this spring. Kudos to Dr. Fine for using his skills in new ways in retirement.

For more information [visit their website](#) and if you decide to volunteer, tell them you heard about it from Discovering What's Next™.

### Discovering What's Next™

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***Discovering What's Next™: ReVitalizing Retirement(DWN) is a community collaboration engaging mid-life and older adults in creative exploration of their next life stage. DWN provides connection and direction and opportunities for learning and community involvement.***

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