



## Winter 2007 Newsletter

January 2007

### Table of Contents

- [Legacy Initiative](#)
- [DWN Receives Grant for Toolkit](#)
- [Upcoming Programs](#)
- [Portfolio Life Books Available](#)
- [New Men's Group Forming](#)
- [Staying Sharp](#)
- [Got Ideas?](#)

Dear Friend of Discovering What's Next™,

Happy New Year to you! Discovering What's Next™ started off 2007 with some terrific news. The Massachusetts Service Alliance (MSA) has awarded DWN a \$20,000 grant for an exciting project entitled "Create Your Own Volunteer Experience Toolkit". This is part of a new statewide initiative called the **Baby Boomer Plus Volunteer Initiative** and we are thrilled to be a part of it. In selecting DWN in this competitive process, we believe that the MSA was impressed with what DWN had already done to ignite the interests of so many of you to get involved in our community. So our thanks go to each of you for making this possible. For more on this wonderful new project, see below under **Get Involved**.

We were also delighted to receive a **Community Support Initiative Grant** from Golden Living in West Newton. This was in recognition of the services DWN provides at the DWN HUB at the library through its Transition Navigators™.

Not to rest on these laurels, we have an ambitious agenda for what we hope will be a quick winter. So make sure to save room on your calendars.

Looking forward to seeing you,

Carol Greenfield

### • Legacy Initiative

#### Two Forums

March 15th and April 11th

Save the dates – DWN's new legacy initiative will be launched with two exciting Forums on March 15th and April 11th. The initiative, **The Many Dimensions of Legacy: From Inspiration to Action**, will feature two forums, several hands-on workshops, as well as print and web-based resources. We hope to inform and inspire each of you to think about how you make a difference today as well as in ways that will last beyond our lifetimes.

In **Part I – Personal Perspectives on Legacy** –

**Discovering Your Inspiration** you will hear from community members who are working on a “legacy project” as they share their inspiration, focus and the personal impact of this work. In **Part II – How to Create Your Personal Legacy – Taking Action**, a panel of experts will provide an overview of specific expressions of legacy such as ethical wills, giving circles, family foundations and values based estate planning.

In the follow-up workshops, **Legacy Beyond the Forum**, you will begin to work on specific action steps that might include, for example, memoir writing, starting a non-profit organization, philanthropy on a budget or writing an ethical will.

So, mark your calendars and be prepared to be inspired. We are very pleased that Village Bank has agreed to co-sponsor these events. If you know of other related businesses that might want to sponsor this exciting new initiative, please let us know immediately at [info@discoveringwhatsnext.com](mailto:info@discoveringwhatsnext.com)

## • DWN Receives Grant for Toolkit

### Workshops

March 20th and 27th

Governor Deval Patrick has made a commitment to strengthening communities through civic engagement. DWN is poised to be in the forefront of this effort. With a grant from the Massachusetts Service Alliance, the lead agency for volunteer service under the new administration, DWN is embarking on a renewed commitment to transform the way our age group engages in volunteer service. Over the next six months, DWN will develop and pilot test a **Create Your Own Volunteer Experience Toolkit** that focuses on identifying individual strengths and creating desired volunteer experiences that match up with these strengths.

So what does this mean for you? As part of this grant, DWN will be conducting a two part training/workshop for persons interested in exploring a new way of looking at volunteer service. These ½ day workshops will be held on Tuesdays, March 20 and 27, from 9 am to 1 pm at the Newton Free Library. Enrollment is free and limited to 20 persons. If you would like more information about this or to register for this workshop, please contact Shirley Selhub at [selhub@rcn.com](mailto:selhub@rcn.com).

## • Upcoming Programs

Check the [Calendar](#) on the DWN web site

**Film Club: Monday, January 29th** - "[Venus](#)" at the West Newton Cinema at 6:20 pm. If you would like more information, please call the DWN HUB at 617-796- 1419.

**Meeting-Up: Wednesday, January 31st** – 7:30 pm at the Newton Free Library – **Gerry Tishler** will share his first hand historical perspective on the capture of the USS Pueblo and lessons to be learned for today.

**DWN "Where Next" Travel Discussion Club: Monday, February 5th** - 7:00 - 9:00 pm at the DWN Hub. "**Mexico on**

**a Budget."** To RSVP, please call and leave your name and contact information at the DWN HUB: 617-796-1419 or send an email to [info@discoveringwhatsnext.com](mailto:info@discoveringwhatsnext.com)

**Transition Talks™:** The next afternoon Transition Talk™ will be on Monday, February 12th, 2:30-4:00 pm. The evening Transition Talk™ will meet on Tuesday, February 27th, 7:00-8:30 pm.

**What's Next Meeting-Up: Thursday, February 15th, 2:00 - 3:30 pm.** Topic: **House Detectives - Discover History of your House.** Join us for a preview of the Newton History Museum's new "Hands-on Newton History" workshop and handbook. Find out how to use the resources of the Newton History Museum and the Newton Free Library to track down your home's history, and learn to "read" your house as part of broader stories in American and world history. Meeting will be in the DWN HUB at the Newton Free Library. Meeting-Ups are free of charge but space is limited: we ask that you sign up. RSVP at [info@discoveringwhatsnext.com](mailto:info@discoveringwhatsnext.com) or call us at 617-796-1419.

### • Portfolio Life Books Available

The recent **Conversation with Dave Corbett**, author of the new book *Portfolio Life: The New Path to Work, Purpose, and Passion After 50*, proved once again, both by the excellent turnout and the great questions, that DWN participants are looking for new approaches to creating their next life stage. For those of you who were unable to attend – and for those who couldn't wait on line to purchase the book – we have a few books available for sale at the HUB at the discounted price of twenty dollars (\$20.00). Dave has graciously agreed to contribute some of the proceeds to DWN so you'll have good reading as well as the satisfaction of contributing to a good cause. Call the DWN HUB at 617-796-1419 to arrange a pick up.

### • New Men's Group Forming

#### Calling All Men

By popular request, another Discovering What's Next™ Men's Group is being formed. The initial DWN Men's Group has been meeting monthly for two years with lively discussions of transition, financial, personal, job related and family issues. Both groups will have an opportunity to take on a project that they feel would be of interest. Please contact Peter Goldberg at [pgold1577@comcast.net](mailto:pgold1577@comcast.net).

### • Staying Sharp

#### Brain Health February 10, 2007

AARP is sponsoring a free program on Saturday, February 10, 2007 on the latest advances in brain research. If you are interested in attending this event at the Marriott Hotel in Newton from 10 am to 12 pm, please call 1-877-926-8300 for tickets. Space is limited.

### • Got Ideas?

Did you know that practically ALL of the programs that DWN

offers have evolved from the ideas of our community members – people just like you! So, don't be shy. If you have an idea for a program/service that relates to the DWN mission - (To engage midlife and older adults in creative exploration of their next life stage.) – let us know. On the DWN web site is an [Idea Template](#), developed by DWN Board member, Corinne Schillin, that serves as a planning tool for programming. Check it out and see how your idea might work for DWN. We look forward to hearing from you.

**Discovering What's Next™**

492 Waltham Street

Newton, Massachusetts 02465

617-796-1419

[info@discoveringwhatsnext.com](mailto:info@discoveringwhatsnext.com)

<http://www.discoveringwhatsnext.com>

***Discovering What's Next™: ReVitalizing Retirement(DWN) is a community collaboration engaging mid-life and older adults in creative exploration of their next life stage. DWN provides connection and direction and opportunities for learning and community involvement.***